

 Health Protection Team

Public Health Directorate

Afton House

Ailsa Hospital

Dalmellington Road

Ayr

KA6 6AB

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| **Private and Confidential**To whom it may concern | Date | 13th August 2021 |
| Enquiries to | Health Protection Team |
| Direct line E-mail | 01292 885858HPTeam@aapct.scot.nhs.uk |
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| **Re: Oban Lorne Rugby Club** |  |  |

NHS Ayrshire & Arran’s Health Protection Team are aware of an outbreak of COVID-19 linked with a rugby tournament that took place at Oban Lorne rugby club on 7/8/2021. As this is classed as an outbreak, isolation advice will differ from the current national guidance on isolation.

Given the extent of the outbreak and positive case numbers at this event we will be advising self-isolation for all those attending this event; this includes all team players, officials/attendees (including children) and additionally those persons who were in the clubhouse after the tournament at Oban and Lorne Rugby club on 07/08/2021. We advise that you should isolate up to and including the 16/08/2021.

It is also recommend that you seek a PCR test. To book an appointment, you can contact NHS Inform online or by calling 0800 028 2816. When booking you should select the option ‘I have been asked to book a test by my local council or health protection team’ which will allow you to book a test even if you don’t have symptoms. Even if your PCR test result is negative you will still be required to complete the advised isolation period.

We would also advise that you remain vigilant for symptoms of COVID-19. Although the typical symptoms of COVID-19 are a new continuous cough, a fever and a loss of, or change in, normal taste or smell (anosmia), people with COVID-19 can present with a wide range of symptoms including headache, sore muscles and joints, tiredness, sore throat, cold-like symptoms and diarrhoea and vomiting. If you develop symptoms, seek a further PCR test.

If you have any concerns or queries regarding this letter, please do not hesitate to contact the Health Protection Team so we can help further.

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