



Safeguarding

Anti-Bullying Guidance

Clubs must be fully committed to protect all children and young people in its care. We understand that wellbeing can be seriously impacted by bullying behaviour. Bullying is a behaviour that can make a child feel frightened, threatened, left out and hurt. Something only has to happen once to make a child feel worried or scared. Bullying is both behaviour and impact; what someone does and the impact it has on a person's capacity to feel in control of themselves. For the purposes of this guidance a child is recognised as someone under the age of 18 years and applies to all children regardless of age, gender, sexual orientation, disability, race, religion, socio-economic status or family circumstance.

Best Practice:

- Respect the rights of children as paramount
- Work together to develop positive relationships amongst children and adults which are mutually respectful, responsible and trusting; and promote their emotional health and wellbeing
- Seek to prevent, reduce and respond effectively to bullying behaviour
- Train and support club volunteers and paid staff to adopt best practice to prevent, reduce and respond to bullying
- Address the needs of children who are bullied as well as those who bully within a framework of respect, responsibility, resolution and support
- Respond to any concerns raised either in the experiences of poor practice/misconduct or abuse caused by an adult's bullying behaviour
- Highlight bullying based on prejudice and perceived differences, to ensure our practices are effective in dealing with these issues
- Regularly monitor and include children's views when creating or reviewing club anti-bullying policy and guidance

Useful contacts

Faye Henderson
(Child Wellbeing & Protection Manager)

Faye.Henderson@sru.org.uk / 0131 346 5056

Clare Forrest
(Child Wellbeing & Protection Advisor)

clare.forrest@sru.org.uk / 07966902246

NSPCC Helpline

0808 800 5000

Childline

08001111 / www.childline.org.uk

Anti-Bullying Alliance

www.antibullyingalliance.org

Safeguarding – last updated March 2023



SAFEGUARDING – ANTI BULLYING TEMPLATE

GARNOCK RUGBY CLUB ANTI-BULLYING POLICY

All Clubs will:

- Recognise their duty of care and responsibility to protect all players from harm
- Ensure that bullying behaviour is not tolerated or condoned
- Take action to investigate and respond to any reports of bullying from children and young people
- Ensure that coaches are given access to information, guidance and training on bullying

Supporting children

- Our club will create an 'open door' ethos where children feel confident to talk to an adult about bullying behaviour or any other issue that affects them
- Potential barriers to talking (including those associated with a child's disability or impairment) will be acknowledged and addressed at the outset to enable children to speak out
- Ensure children are aware of helpline numbers
- Anyone who reports an incident of bullying will be listened to carefully and reports will be investigated and taken seriously
- Children experiencing bullying behaviour will be supported and helped to uphold their right to play rugby and live in a safe environment
- Those who display bullying behaviour will be supported and encouraged to develop better relationships

Useful contacts

Gillian, Duffy, Lorna Holmes, Dani Woods

garnockrugbycpo@outlook.com

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0808 800 5000

Childline

08001111 / www.childline.org.uk

Respectme

<https://respectme.org.uk/>

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